

## Life Plan Goals Sheet

*From your Wheel of Life, define where you want to be in each Life account 20 or 30 years from now. What do you see when you look into your own future? What is your purpose in each of the identified accounts? What one sentence would clearly define the end result you are looking for? Make sure you include a supportive scripture in your purpose statement for EACH category you use.*

Life Account: \_\_\_\_\_

Envisioned Future:

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Purpose Statement:

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Scripture Verse(s):

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Goal:

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Action Steps:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Target Date:

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Measurements:

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Accountability:

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*Example*

### Physical Stewardship

1. Work out at least 3 days per week to keep the heart going.
2. Eating properly; fruits, vegetables, lots of water, none or less caffeine.
3. Regular check-ups at the doctor
4. Make sure I have regular dental and optical checks.

Purpose: To be physically strong, emotionally sound, spiritually alive, mentally stable. 3  
John 1:2

1. Prosperity in every area of my life

Target Date: on-going

Measurements: No illnesses, not depressed and more joyful, creativity overflowing  
in abundance.

- a) Walk 1.5 miles every Sun, Wed and Sat if the weather permits, if not, do  
aerobics at home.
- b) Eat a fruit and some vegetables every day.
- c) Drink 8 glasses of water daily.
- d) Drink less tea or none at all.
- e) Do my annual check-ups.
- f) Do at least two creative activities each week i.e. drawing, crossword puzzles  
etc.

Accountability: Mom